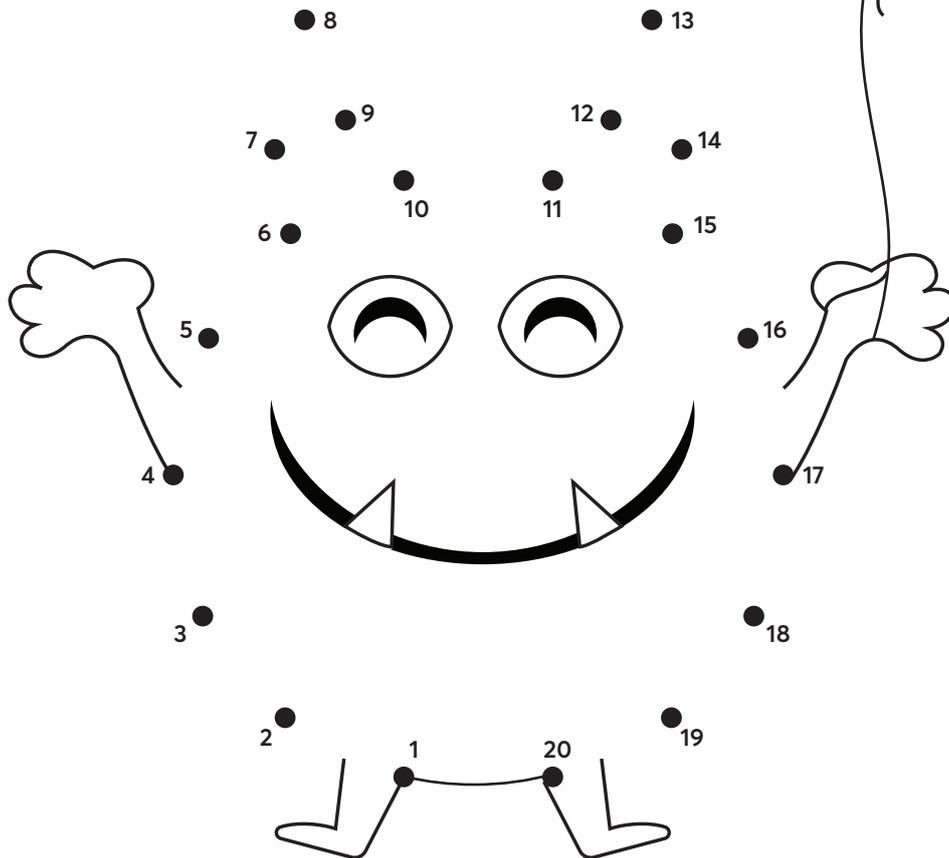


FEELINGS AND EMOTIONS

Recently we've learnt lots about how we feel and how this can change when we lose something special to us. We heard about a charity called Winston's Wish who help lots of children when someone important to them has died. We have thought about the difference between when we lose a thing but can find it again and when someone dies when it's not possible to see them again.

Complete the Dot to Dot picture below. Ask an adult to tape £1 to your completed picture in the space as a donation to Winston's Wish. Get creative and colour in your picture when you have completed your dot to dot.

Don't forget to turn over when you're done to find the second task.



Note for Parents/Carers: Winston's Wish is a childhood bereavement charity. The charity has provided free lesson plans and resources for our students to support them in understanding the impact of grief. We would be grateful if you could consider returning this worksheet to school with a suggested donation of £1 to help them continue their work of giving hope to grieving children across the UK. Thank you.

IF I LOST SOMETHING SPECIAL TO ME, I MIGHT FEEL...

Everyone feels different after someone has died.
Use the faces here to draw three different feelings:

